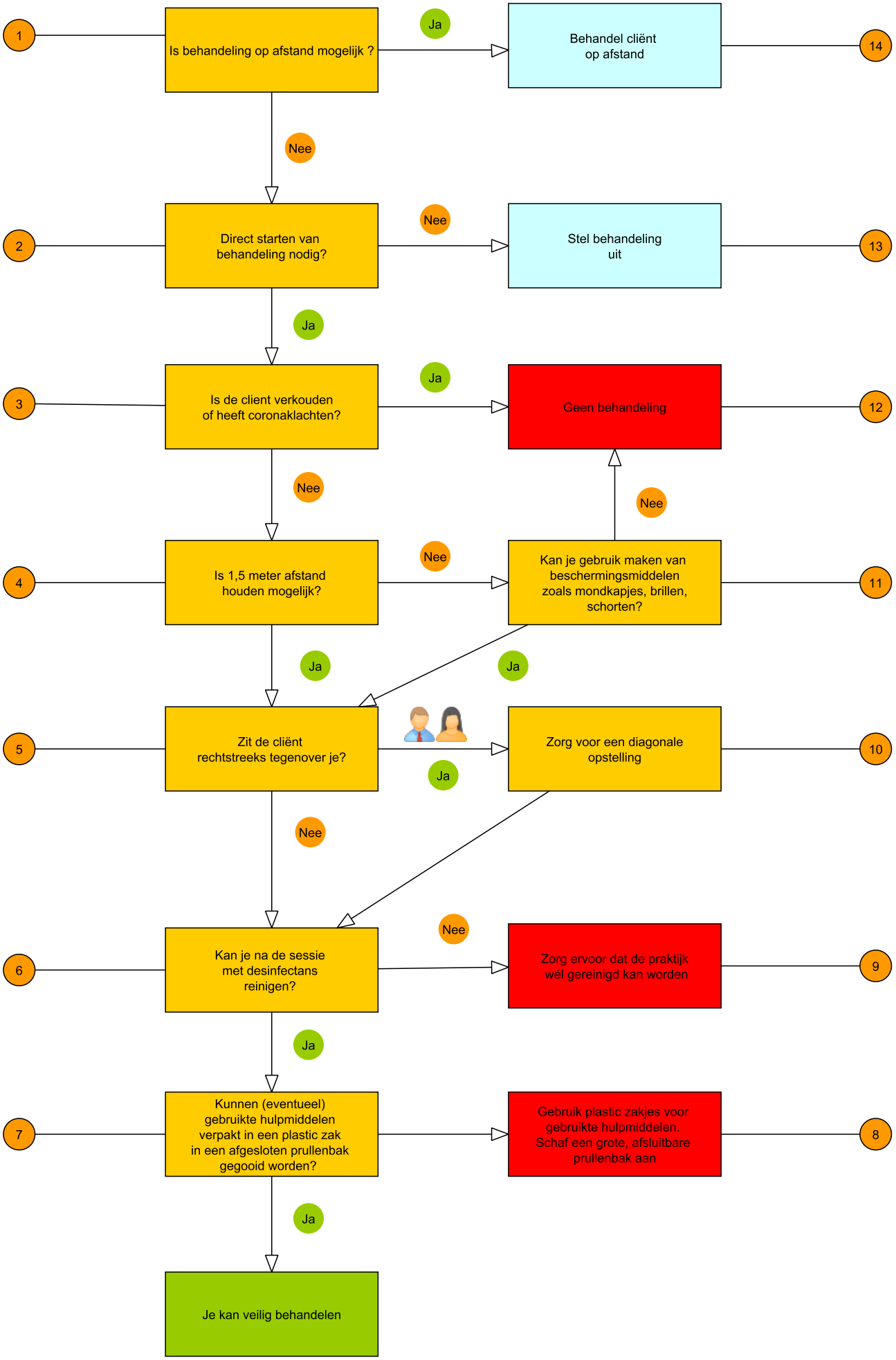Afwegingsschema psychosociaal therapeuten